



# Evening Open Meeting

## Programme – Tuesday 25<sup>th</sup> July 2017

Time	Event	Age
6.10	60m Mini Hurdles	Years 3, 4, 5, 6
6.15	Long Jump	U11G, U11B
6.15	Shot	U13B, U13G
6.25	70m Hurdles	U13G
6.35	600m	U11B, U11G
6.45	Pole Vault	U13 & Above
6.45	Discus	U13 & Above
6.45	75m Hurdles	U13B, U15G
6.50	High Jump – Below 1.35m opening height	U13 & Above
6.50	Long Jump	U13 & U15
6.55	100m	U13 & Above
7.15	80m Hurdles (see note 5)	U17W & U15B
7.20	75m	Years 3, 4, 5, 6
7.30	Javelin	U11 (Turbo) & U13
7.30	Shot	U15 & Above
7.35	300m	U17W, U15B, U15G
7.40	400m	U17M, U20 & Above
7.40	Long Jump	U17 & Above
7.50	800m	U13G, U13B
8.00	<b>BMC</b> - 800m & 1500m (See note 6)	U13 & Above (Graded)
8.15	High Jump – Opening height 1.35m +	U13 & Above
8.15	Triple Jump	U15 & Above
8.15	Javelin	U15 & Above

### Notes

- 1. Entry fee : £5.00 – for 3 events maximum.**
- 2. Registration on night : 5.30pm onwards.**
- 3. Age groups :** Ages as on 31<sup>st</sup> August 2017
- 4. Open Events :** U11 and U13 events will take place in age groups. Track events will be graded where possible.
- 5. 80m Hurdles :** Notify track referee by 6.45pm if you want to compete or you will not be able to.
- 6. BMC races :** Entry in advance only - [www.britishmilersclub.com/enteronline](http://www.britishmilersclub.com/enteronline) - **deadline on Friday July 21<sup>st</sup> 5pm.** Entry fee £3.00 for non-BMC members – in addition to open entry fee.
- 7. Trials:** Number of field trials may be reduced, at the Field Referee's discretion, if there are a large number of athletes competing.
- 8. Volunteers:** We welcome volunteers. Please let the Registration Desk know if you can help.
- 9. Photography;** This event is open to the public and therefore it is not possible to prevent photographs of any particular individual from appearing in the media. If this is a problem for you, you are advised not to take part in the event.

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**[www.exeterharriers.org.uk](http://www.exeterharriers.org.uk)**