

Exeter Harriers Combined Events

General Information

Competitors and spectators come into the track by the grandstand entrance – there is a small entry fee for adults and children who are not competing.

Come to Exeter Harriers Clubhouse to register and collect your numbers. Please check the list on the notice board to find what your number is. Under 11 Girls and Under 11 Boys check to see which group you are in.

Under 13, Under 15 and U17 Girls check to see which pool you are in. The pools are mainly decided on how high you can jump as it saves a lot of time if athletes of similar high jump ability are in the same pool. Anyone who can jump 1.20m(U13), 1.40m (U15) or higher should be in Pool 1. If you think you have been put in the wrong pool please let me know when you register.

Medals are awarded to the first 3 in each pentathlon and everyone who completes the pentathlon gets a certificate showing their points score. The certificates will be emailed to you.

Hot and cold refreshments are available in the Clubhouse.

Timetable. The first event in each age group will start at the time shown, but as there are large numbers of athletes in some groups (and few in others) later field events will be called up as the area becomes available.

We can only run the programme to time if parents and friends of the athletes taking part are willing to help us. Please volunteer when you come to registration. Thank you.

WHAT IS HAPPENING ON THE FIELD EVENT AREAS

HIGH JUMP AREA 1 AT THE 100M START END

- 11.30 Under 13 Girls Pool 2
- 1.00 Under 13 Girls Pool 1
- 2.30 Under 13 Boys
- 3.45 Under 15 Girls Pool 1 with U17 Pentathlon

HIGH JUMP AREA 2 AT 100M FINISH END

- 11.15 Half Decathlon Men U17 and older with Heptathlon
- 2.00 Under 15 Boys
- 3.45 Under 15 Girls Pool 2

SHOT AREA 1 INSIDE THE TRACK

- 11.45 Under 13 Boys
- 12.30 Under 11 Boys and Girls Group 2
- 1.30 Half Decathlon Men U17 and older and U17/U20W pentathlon
- 2.15 Under 15 Girls
- 3.45 Under 13 Girls Pool 1

SHOT AREA 2 OUTSIDE THE TRACK

- 11.10 Under 15 Boys
- 12.15 Under 11 Boys Group 1
- 1.45 Under 13 Girls Pool 2
- 3.00 Under 11 Girls Pool 1

LONG JUMP 1 AT THE 100M FINISH END PIT NEAREST THE STAND

10.30 Under 13 Girls Pool 1

12.45 Under 15 Boys

2.15 Half Decathlon Men U17 and older

LONG JUMP 2 AT THE 100M FINISH END NEAREST THE TRACK

10.30 Pentathlon Men U17 and older

1.00 Under 13 Boys

3.15 Under 13 Girls Pool 2 with U17W Heptathlon

LONG JUMP 3 AT 100M START END PIT NEAREST THE STAND

10.55 Under 15 Girls Pool 1 with U17/20 Pentathlon

12.15 Under 11 Girls Group 1

2.30 Under 11 Boys Group 1

LONG JUMP 4 AT THE 100M START END NEAREST THE TRACK

10.55 Under 15 Girls Pool 2

2.45 Under 11 Boys and Girls Group 2