

EXETER HARRIERS' 3K

MONDAY 23rd JANUARY 2017 @ EXETER ARENA

Graded Races (Under UKA rules – Permit Applied for)

U11 1200m U13/U15 1500m U15 & Above 3000m

Entries & Payment

Entry fee £3.00 1200m & 1500m races, £5 for 3000m

BACS Payment to; Exeter Harriers Ltd, Lloyds Sort Code 30 93 14
Account Number 08211267 Please reference as follows; athletes initial,
surname, age group eg A Runner U13B

Entries will be limited to 75 for 3K races and close 19.01.2017

Registration & Event Details

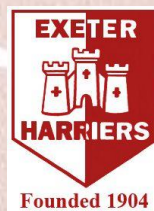
6.00 PM Registration/Collect numbers

7.00 PM Track open for warm up

7.20 PM 1200m Race

7.30 PM 1500m Race

7.45 PM 3K Races



Results on Power of 10 ● Hot food and drinks

Entry Info to; Janet Phillips competitions@exeterharriers.org.uk

Athlete's Name _____ Club _____

DOB _____ Age Group _____ Expected Race Time _____

EA Registration Number (Except U11) _____

Email contact; _____

www.exeterharriers.org.uk

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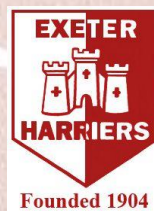
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