



Founded 1904

Evening Open Meeting

DRAFT Programme – Tuesday 24th April 2018

Time	Event	Age
6.00	Long Jump	U11G, U11B
6.15	60m Mini Hurdles	Years 3, 4, 5, 6
6.30	Javelin (see note 6)	U11B, U11G, U13B, U13G
6.30	70m Hurdles	U13G
6.35	600m	U11B, U11G
6.45	Long Jump (see note 6)	U13G, U13B
6.45	75m Hurdles	U13B, U15G
6.50	100m	U13 & Above
7.00	Shot (see note 6)	U13 & Above
7.20	High Jump	U13B, U13G
7.10	80m Hurdles (See note 5)	U17W
7.15	75m	Years 3, 4, 5 & 6
7.20	Discus (see note 6)	U13 & Above
7.30	80m Hurdles (See note 5)	U15B
7.30	Long Jump (see note 6)	U15 & Above
7.35	200m	U13 & Above
7.50	1200m	U13B, U13G
8.00	BMC - 800m & 1500m (See note 7)	U13 & Above (Graded)
	High Jump	U15 & Above
	Triple Jump (see note 6)	U15 & Above
	Javelin (see note 6)	U15 & Above

Notes

- 1. Entry fee : £5.00 – for all athletes. Maximum of 3 events.**
- 2. Registration on night:** Registration from 5.30pm.
- 3. Age groups :** Ages as on 31st August 2018
- 4. Open Events :** U11 & U13 events will take place in age groups. Track events will be graded where possible.
- 5. 80mH :** Unless you **NOTIFY TRACK REFEREE** by 6.45pm you will be unable to compete.
- 6. Number of trials in Field Events:** U13 and Below – 3 trials, U15 & Above 4 trials
- 7. BMC races :** Entry in advance only - www.britishmilersclub.com/enteronline - **deadline on Friday April 21st 5pm.** Entry fee £3.00 for non-BMC members – in addition to open entry fee.
- 8. Volunteers:** We welcome volunteers. Please let the Registration Desk know if you can help.
- 9. Photography:** This event is open to the public and therefore it is not possible to prevent photographs of any particular individual from appearing in the media. If this is a problem for you, you are advised not to take part in the event.

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