



Founded 1904

# Evening Open Meeting

Programme – Tuesday 31st July 2018  
(Held under UKA Competition Rules)



Time	Event	Age
6.00	Long Jump - see note 6	U11, U13
6.20	60m Mini Hurdles	U11
6.25	Shot - see note 6	U11, U13
6.30	70m Hurdles	U13G
6.35	600m	U11
6.45	75m Hurdles	U13B, U15G
6.50	Hammer – see note 6	U13 & Above
6.50	100m	U13 & Above
7.00	High Jump – below 1.35m	U13 & Above
7.05	80m Hurdles - see note 5	U17W & U15B
7.15	75m	U11
7.15	Long Jump – see note 6	U15 & Above
7.30	Shot – see note 6	U15 & Above
7.30	300m	U15 & Above
7.40	400m	U17M, U20 & Above
7.45	High Jump – Opening Height 1.35m	U13 & Above
7.50	800m	U13
8.00	<b>BMC</b> - 800m & 1500m - see note 7	U13 & Above (Graded)
	Triple Jump – see note 6	U15 & Above
	Javelin - see note 6	U13 & Above

## Notes

- 1. Entry fee : £5.00 – for all athletes. Maximum of 3 events.**
- 2. Registration on night:** Registration between 5.30pm and 7.15pm
- 3. Age groups :** Ages as on 31<sup>st</sup> August 2018
- 4. Open Events :** U11 & U13 events will take place in age groups. Track events will be graded where possible.
- 5. 80mH :** Unless you **NOTIFY TRACK REFEREE** by 6.45pm you will be unable to compete.
- 6. Number of trials in Field Events:** U13 and Below – 3 trials, U15 & Above 4 trials
- 7. BMC races :** Entry in advance only - [www.britishmilersclub.com/enteronline](http://www.britishmilersclub.com/enteronline) - **deadline on Friday July 27<sup>th</sup> 5pm.** Entry fee £4.00 for non-BMC members – in addition to open entry fee.
- 8. Waterproof Numbers :** Kindly *Sponsored by MARKET CARPETS of Devon.* Numbers are allocated for the season - please re-use the numbers given in a 2018 Open. New numbers if first Open Meeting in 2018.
- 9. GDPR :** Non Exeter Harriers' club members will be required to sign a data processing consent to enable us to store and pass information to The Power of 10. If an athlete is U17 or below parental consent will be required.
- 10. Volunteers:** We welcome volunteers. Please let the Registration Desk know if you can help.
- 11. Photography:** This is a public event, therefore, it is not possible to prevent photographs of any particular individual from appearing in the media. If this is a problem for you, you are advised not to take part.