

SOUTH WEST ATHLETICS LEAGUE CUP MATCH 2018

TRACK

Time	Event	Ages
11.30	1500m S/C	U15B + U17W Women + U17W
11.40	800m	Men/U20M/U17M/U15B/Women/U17W/U13G
12.10	100m	Men/U20M/U17M/U15B/U13B/Women/U17W/U15G/U13G
13.00	3000m	Men + U20M
13.15	3000m	U17M
13.30	400m	Men/U20M/U17M/Women
13.45	300m	U15B/U17W
13.55	1500m	U13B/U15G
14.05	110mH	Men
14.10	110mH	U20M
14.15	100mH	U17M
14.20	100mH	Women
14.25	80mH	U15B
14.30	80mH	U17W
14.35	75mH	U13B
14.40	75mH	U15G
14.45	70mH	U13G
14.55	2000mS/C	M/U20M
15.10	200m	Men/U20M/U17M/U15B/U13B/Women/U17W/U15G/U13G
15.55	3000m	Women + U17W
16.10	1500mS/C	U17M
16.20	4x100mR	U17M/U15B/U13B/U15G/U13G
17.05	Medley R 400/200/200/800	Women+U17W(combined) Men+U20M(combined)

FIELD

	SP	DT		JT		LJ		TJ		HJ
11.30	SW	U15G	11.30	SM	11.30	U20M	11.30	U15B	11.30	U17M+U17W
12.20	U20M	U15B	12.15	U17W	12.15	SW	12.30	U17M	12.45	U13B+U13G
13.10	U15G	SW	13.00	U20M	13.00	U13G	13.30	U17W		
14.00	U17W	U17M	13.45	U13G	13.30	SM			14.00	U15B+U15G
14.50	U17M	SM	14.15	SW	14.15	U13B	14.30	SW		
			15.00	U15G	14.45	U15B			15.15	U20M+SM
15.40	SM	U17W	15.35	U17M	15.20	U15G	15.30	U20M		
16.30	U15B	U20M	16.20	U15B	15.55	U17W	16.30	SM	16.30	SW
			16.55	U13B	16.40	U17M				

NOTE: PRESENTATION OF TROPHIES WILL FOLLOW THE COMPLETION OF