

## Devon Sportshall League Timetable 2018/19

11:20	Sitting Throw/Chest Push *	U10 Girls & Boys	11:15	High Jump	U13/U15
	Sitting Throw/Chest Push *	U11 Girls & Boys	11:30	Standing Long Jump	U11 Girls
				Standing Triple Jump	U11 Boys & U13 Boys
				Speed Bounce	U15 Boys
12:00	2 Laps	U13 Girls & Boys	12:00	Standing Long Jump	U10 Girls
	2 Laps	U15 Girls & Boys		Speed Bounce	U11 Boys
				Standing Triple Jump	U15 & U17 Boys
				Vertical Jump	U10 Boys
12:25	2 Laps	U11 Girls & Boys	12:20	Standing Long Jump	U15 & U17 Boys
	1 Lap	U10 Girls & Boys		Vertical Jump	U13 Boys
				Speed Bounce	U13 Girls
				Standing Triple Jump	U15 & U17 Girls
			12:30	High Jump	U11
13:00	6 Laps / 4 laps *	U13 Girls & Boys	12:50	Vertical Jump	U11 Boys
	6 Laps /4 laps *	U15 Girls & Boys		Standing Long Jump	U13 Boys
				Standing Triple Jump	U11 & U13 Girls
13:20	4 laps	U11 Girls & Boys		Speed Bounce	U15 Girls
13:30	2 Laps	U10 Girls & Boys	13:20	Standing Long Jump	U13 Girls
				Speed Bounce	U10 Boys
				Vertical Jump	U10 Girls
14:00	2 Lap Hurdles	U15 Girls & Boys	13:50	Speed Bounce	U13 Boys
	2 Lap Hurdles	U13 Girls & Boys		Standing Long Jump	U11 Boys
				Shot Putt	U13, U15 & U17 Girls
14:20	2 Lap Hurdles	U11 Girls & Boys	14:20	Standing Long Jump	U10 Boys
				Speed Bounce	U10 Girls
				Vertical Jump	U11 Girls
14:30	1 Lap Hurdles	U10 Girls & Boys			
14:45	Soft Javelin	U10 Girls & Boys	14:50	Shot Putt	U13, U15 & U17 Boys
	Soft Javelin	U11 Girls & Boys		Standing Long Jump	U15 & U17 Girls
				Vertical Jump	U13 Girls
				Speed Bounce	U11 Girls
15:30	3 x 2 Lap Relay	U15 Girls & Boys			
	Obstacle Relay	U13 Girls & Boys			
	Obstacle Relay	U11 Girls & Boys			
	Obstacle Relay	U10 Girls & Boys			

\* These events will alternate

Chest push and 4 laps at meetings 2, 4 and 5

Sitting throw and 6 laps at meetings 1 and 3

Please note:

The County Champs timetable will be modified to allow for medal presentations. The meeting will start at 11am

Also the final fixture will not include High Jump or Shot and again start at 11am. This timetable will issued at the fourth fixture.