



GREAT WEST OPEN – KEN TRICKEY MEMORIAL 2025

SUNDAY 13th APRIL 2025 at Exeter Arena

Held under UKA Competition Rules

PROVISIONAL TIMETABLE

The **FINAL** timetable will depend on the number of entries. Events may be removed from the timetable if there are no entries.

The **MEN** age group is **U20M and above**.
The **WOMEN** age group is **U20W and above**.

TRACK EVENTS

APPROX TIMES	EVENT
10.45	70mH U13G
10.50	60m Mini Hurdles U11
10.55	75mH U13B
	75mH U15G
11.05	800m U17W
With	800m Women
11.15	80mH U17W
	80mH U15B
11.25	800m Men
With	800m U17M
11.35	100mH Women
	100mH U17M
11.45	800m U15G
	800m U15B
11.55	110mH U20M
	110mH SM
12.05	75m U11G
	75m U11B
12.20	100m U13G
	100m U13B
	100m U15G
	100m U15B
12.30	100m U17W
	100m U17M
	100m Women
	100m Men
12.40	3000m U15 & above

FIELD EVENTS

APPROX TIMES	EVENT
10.15	Hammer – U13 & Above Male and Female
10.15	Long Jump - U15B
10.15	Long Jump - U17M & Men
11.15	Javelin – U13 & Above – Female
11.30	High Jump – Male & Female Opening Height Below 1.35m
11.45	Long Jump – U15G Long Jump – U13G
12.00	Pole Vault – U13 & Above Male & Female
12.15	Discus – U13 & Above – Male
12.15	Shot – U13 & Above – Female

LUNCH BREAK

13:00 to 13:40

LUNCH BREAK**13:00 to 13:40****TRACK EVENTS**

APPROX TIMES	EVENT
1.45	300mH U17W
1.50	400mH Women
	400mH U17M
	400mH U20M, SM
2.00	800m U13G
	with 800m U13B
2.15	400m U17M
	400m Men
	400m Women
2.30	300m U15G
	300m U17W
	300m U15B
2.45	600m U11G
	600m U11B
3.00	1500m U13G & Above Female
3.10	1500m U13B/U15B
3.20	1500m U17M, Men
3.30	150m U11G
	150m U11B
3.40	200m U13G
	200m U13B
3.50	200m U15G
	200m U15B
4.00	200m U17W
	200m U17M
	200m Women
	200m Men

FIELD EVENTS

APPROX TIMES	EVENT
1.45	Vortex Javelin – U11G, U11B
1.45	High Jump – Male and Female Opening Height 1.35m
2.15	Javelin – U13 & Above – Male
2.15	Long Jump – U17W & Women
2.15	Long Jump – U13B
3.00	Long Jump – U11G, U11B
3.00	Triple Jump – U15 & above Male & Female
3.30	Shot – U13 & Above – Male
3.30	Discus – U13 & Above – Female

Entry in advance only: www.exeterharriers.org.uk/exeter-open-competitions-9000

1. **Closing date:** Midnight, Thursday 10th April 2025.
2. **Age groups:** Ages as on 31st August 2025
3. **U11 – U17 Maximum of 3 events, U20 Maximum of 5 events, Senior/Master no limit.**
4. **Entry fee is £14** which is payable through the online entry form only. (No BACS, cash or other payments)
5. **Open Events:** U11 & U13 events will take place in age groups. Track events will be graded where possible.