



Founded 1904

# Evening Open Meeting

Programme – Tuesday 24th June 2025  
(Held under UKA Competition Rules)

## Track

Time	Event	Age
6.10	60m Mini Hurdles	U11
6.20	70m Hurdles	U13G
6.25	600m	U11
6.35	75m Hurdles	U13B, U15G
6.45	100m	U13 & Above
7.15	80m Hurdles	U17W & U15B
7.20	75m	U11
7.30	1500m	U13
7.35	300m	U15 & Above
7.45	400m	U17M, U20 & Above
8.00	<b>BMC</b> - 800m & 1500m - see note 5	U13 & Above (Graded)

## Field

**Number of trials in Field Events:** U11 & U13 - 3 trials, U15 & Above – 4 trials

Time	Event	Age
6.15	Long Jump	U13
6.15	Discus	U13 & Above
6.30	High Jump – below 1.35m	U13 & Above
6.45	Long Jump	U11
7.00	Javelin	U13 & Above
7.15	High Jump – Opening Height 1.35m	U13 & Above
7.20	Long Jump	U15 & Above
7.45	Shot Putt	U13 & Above
8.00	Triple Jump	U15 & Above

## Notes

**Entry in advance only:** <https://exeterharriers.org.uk/e/exeter-open-competitions-9000>

1. **Closing date:** Midnight, Sunday June 22<sup>nd</sup>
2. **Age groups:** Ages as on 31<sup>st</sup> August 2025
3. **Maximum of 3 events.**
4. **Entry fee is £13** which is payable through the online entry form only. (No BACS, cash or other payments)
5. **BMC races:** entry in advance only - [www.britishmilersclub.com/entries-for-bmc-races](http://www.britishmilersclub.com/entries-for-bmc-races) - deadline TBC.
6. **Open Events:** U11 & U13 events will take place in age groups. Track events will be graded where possible.

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[www.exeterharriers.org.uk](http://www.exeterharriers.org.uk)