



Founded 1904

# Evening Open Meeting

REVISED Programme – Tuesday 26th August 2025

(Held under UKA Competition Rules)

This Open Meeting may be included in the 2025 [Sapphire League](#) series.

## Track

Time	Event	Age
6.00	60m Mini Hurdles	U11
6.10	70m Hurdles	U13G
6.15	600m	U11
6.25	75m Hurdles	U13B, U15G
6.35	100m	U13 & Above
7.10	80m Hurdles	U17W & U15B
7.15	75m	U11
7.30	1500m	U13
7.40	300m	U15 & Above
7.50	400m	U17M, U20 & Above
8.00	BMC - 800m & 1500m - see note 5	U13 & Above (Graded)

## Field

Number of trials in Field Events: U11 & U13 - 3 trials, U15 & Above – 4 trials

Time	Event	Age
6.00	Long Jump	U13
6.15	Discus	U13 & Above
6.30	High Jump – below 1.35m	U13 & Above
6.35	Long Jump	U11
7.00	Javelin	U13 & Above
7.20	Long Jump	U15 & Above
7.15	High Jump – Opening Height 1.35m	U13 & Above
8.00	Shot Putt	U11 & Above
8.00	Triple Jump	U15 & Above

## Notes

Entry in advance only: <https://exeterharriers.org.uk/e/exeter-open-competitions-9000>

1. **Closing date:** Midnight, Sunday August 24<sup>th</sup>
2. **Age groups:** Ages as on 31<sup>st</sup> August 2025
3. **Maximum of 3 events.**
4. **Entry fee is £13** which is payable through the online entry form only. (No BACS, cash or other payments)
5. **BMC races:** entry in advance only - [www.britishmilersclub.com/entries-for-bmc-races](http://www.britishmilersclub.com/entries-for-bmc-races) - deadline TBC.
6. **Open Events:** U11 & U13 events will take place in age groups. Track events will be graded where possible.

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**[www.exeterharriers.org.uk](http://www.exeterharriers.org.uk)**