

Exeter Harriers

Code of Practice for Parents/Carers

- Encourage your child to know the rules and compete within them.
- Discourage unfair competition and arguing with Officials.
- Help your child to recognise a good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding good performances of all.
- Never make comments about another athlete's performance in training or competition, including comparing this to their previous performances or others' performances.
- Never make comments about another athlete's physical condition or looks
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept Officials' judgements.
- Support your child's involvement and help them to enjoy their sport.
- Use correct and proper language at all times and treat volunteers with respect.
- Encourage and guide performers to accept responsibility for their own performance and behaviour.