



Founded 1904

Evening Open Meeting

Programme – Tuesday 29th August 2017

Time	Event	Age
6.10	60m Mini Hurdles	U11B, U11G
6.15	Long Jump	U11B, U11G
6.15	Javelin	U11 (Turbo), U13
6.25	70m Hurdles	U13G
6.35	600m	U11B, U11G
6.45	Pole Vault	U13 & Above
6.45	Discus	U13 & Above
6.45	75m Hurdles	U13B, U15G
6.50	Long Jump	U13 & U15
6.50	High Jump – Opening height below 1.35m	U13 & Above
6.55	100m	U13 & Above
7.15	80m Hurdles (see note 4)	U15B, U17W
7.20	75m	U11B, U11G
7.35	200m	U13 & Above
7.40	Long Jump	U17 & Above
7.40	Shot	U13 & Above
7.50	1200m	U13B, U13G
8.00	BMC - 800m & 1500m (see note 7)	U13 & Above (Graded)
8.15	High Jump – Opening height 1.35	U13 & Above
8.15	Triple Jump	U15 & Above
8.15	Javelin	U15 & Above

Notes

- 1. Entry fee : £5.00 – for 3 events maximum.**
- 2. Registration on night : 5.30pm onwards**
- 3. Age groups :** Ages as on 31st August 2017
- 4. 80m Hurdles :** Notify track referee before 6.45pm if you want to compete or you will not be able to.
- 5. Open Events :** U11 and U13 events will take place in age groups. Track events will be graded where possible.
- 6. Number of trials in Field Events:** U13 & Below 3 Trials, U15 & Above 4 Trials
- 7. BMC races :** Entry in advance only - www.britishmilersclub.com/enteronline - **deadline on Friday August 25th 5pm.** Entry fee £3.00 for non-BMC members – in addition to open entry fee.
- 8. Volunteers:** We welcome volunteers. Please let the Registration Desk know if you can help,
- 9. Photography;** This event is open to the public and therefore it is not possible to prevent photographs of any particular individual from appearing in the media. If this is a problem for you, you are advised not to take part in the event.