



EXETER HARRIERS COMBINED EVENTS MEETING UNDER UKA RULES FOR COMPETITION AT EXETER ARENA

SUNDAY 25 SEPTEMBER 2016 BEGINNING AT 10.30 a.m.

Provisional Event Details

We have fully electronic timing

(Remember you may go up an age group on 1st Oct.)

PENTATHLONS



Age Group	Events
Under 11 Boys and Under 11 Girls (minimum age 8 on 25.9.2016)	Mini Hurdles, Long Jump, 60 metres, Shot (2kg), 600 metres
Girls Under 13 and Under 15 age groups	Long Jump, Hurdles, Shot, High Jump, 800 metres
Women Under 17, Under 20, Senior and W35 and above	Hurdles, Shot, High Jump, Long Jump, 800 metres <u>OR</u> 1 Day Heptathlon - Hurdles, High Jump, Shot, 200 metres, Long Jump, Javelin, 800 metres
Boys Under 13 Boys and Under 15 age groups	Hurdles, Shot, Long Jump, High Jump, 800 metres
Men Under 17, Under 20, Senior and M35 and above	Pentathlon - Long Jump, Javelin, 200 metres, Discus, 1500 metres <u>OR</u> Day 1 Half Decathlon - 100 m, Long Jump, Shot, High Jump, 400 metres

Entry fee £6

**THE NUMBER OF ENTRIES RECEIVED BY 10 SEPTEMBER WILL DECIDE
WHETHER THERE ARE ENOUGH ENTRIES TO HOLD THE EVENT.**

Completed entry forms to Janet Phillips;

email competitions@exeterharriers.org.uk

post to Janet Phillips, Pentathlons, 7 Jesmond Road, EXETER. EX1 2DG

hand in at reception at Exeter Harriers Clubhouse, Exeter Arena

Acknowledgement will be sent by email.

Enclose Stamped SAE if acknowledgement of entry and timetable is required by post

**ENTRY FORM FOR ALL EVENTS
(EXETER HARRIERS COMBINED EVENTS MEETING 25 SEPTEMBER 2016)**

Name _____

Club/School _____

Date of Birth _____

EA Registration no (athletes U13 and older) _____

Email address (please write clearly) _____

Phone Number _____

Entry for _____ age group pentathlon/half decathlon/heptathlon

Personal Best in the 2016 season in the relevant events

60 metres	100 metres
200 metres	400 metres
600 metres	800 metres
1500 metres	___ metres hurdles
High Jump	Long Jump
Shot	Discus
Javelin	

I enclose entry fee of £ 6

Payment by BACS/Cheque to **Exeter Harriers Ltd**

**BACS Details; Lloyds Sort Code 30 93 14 Account Number 08211267
Please reference as follows; athletes initial, surname, age group eg
A Runner U13B**

Parent/Guardian of athletes under 18 please sign below

**I give permission for _____ to
compete in the Exeter Harriers Combined Events meeting on 25
Sept 2016.**

Signed _____ (parent/guardian)