

NORTH DEVON ATHLETIC CLUB - YOUNG ATHLETES MEETING

SUNDAY 24th July 2016



Age Grp	Event										Relays	Girls	Boys
Under 10(Y4)	75m	150m	600m	-----	Long Jump	-----	-----	-----	Shot	vortex	5 * 80 mts Across both age groups	50m Hurdles	50m Hurdles
Under 11(Y5)	75m	150m	600m	-----	Long Jump	-----	-----	-----	Shot	vortex		50m Hurdles	50m Hurdles
Under 12(Y6)	100m	200m	800m	1500m	Long Jump	High Jump	-----	-----	Shot	Javelin	4 * 100 mts Across both age groups	70m Hurdles	75m Hurdles
Under 13(Y7)	100m	200m	800m	1500m	Long Jump	High Jump	-----	-----	Shot	Javelin		70m Hurdles	75m Hurdles
Under 14(Y8)	100m	300m	800m	1500m	Long Jump	High Jump	Triple Jump	Discus	Shot	Javelin	4 * 100 mts Across both age groups	75m Hurdles	80m Hurdles
Under 15(Y9)	100m	300m	800m	1500m	Long Jump	High Jump	Triple Jump	Discus	Shot	Javelin		75m Hurdles	80m Hurdles

EVENTS ARE FOR BOTH GIRLS & BOYS UNLESS STATED

PLEASE NOTE THAT YOU MAY ONLY RUN IN ONE LONG DISTANCE RACE, EITHER 800m OR 1500m.

RELAY TEAMS ARE TO BE MADE UP FROM ACROSS TWO AGE GROUPS AND CAN BE A MIXTURE OF ATHLETES FROM DIFFERENT CLUBS / SCHOOLS ASSEMBLED ON THE DAY.

<u>Name:-</u>		<u>Club / School:-</u>				<u>D.O.B:-</u>	
<u>Contact number</u>		<u>Home</u>		<u>SEX m/f</u>		<u>Age Grp</u>	
		<u>Mobile</u>					

Email Address

EVENT 1:	
EVENT 2:	
EVENT 3:	

**AGE GROUPS ARE CALCULATED ON 31ST AUGUST 2016
MINIMUM AGE 8 ON THE DAY**

Entry Fee £10.00, for the day (max 3 events plus a relay).

Cheques to be made payable to:- North Devon A.C.

There will be photographs taken during this event please advise us in writing in advance if you do not want your child in these pictures.

**Entries by post to:-
Deborah Sutton
Bridge Farm, Burrington
Umberleigh
Devon EX37 9JS
Tel 07743102370**

CLOSING DATE FOR ENTRIES IS 17th JULY 2016

Medals for the first Three in each event.