

## Combined Events Timetable

### Under 11 Girls Group 1

11.30 Hurdles      12.15 Long Jump      2.00 60 metres      3.00 Shot      4.30 (approx) 600m

### Under 11 Girls Group 2

11.30 Hurdles      12.15- Shot      1.30 60 metres      2.30 Long Jump      4.30(approx) 600m

### Under 11 Boys

11.45 Hurdles      12.30 Shot      1.45 60 metres      2.45 Long Jump      4.30 (approx) 600m

### Under 13 Girls Pool 1

10.30 Long Jump      12.00 Hurdles      1.00 High Jump      3.45 Shot      5.00 ish 800 metres

### Under 13 Girls Pool 2

10.55 Hurdles      11.30 High Jump      2.00 Shot      3.15 Long Jump      5.00 ish 800metres

### Under 13 Boys

11.10 Hurdles      11.45 Shot      1.00 Long Jump      2.15 High Jump      4.15 ish 800 metres

### Under 15 Girls 2 Pools for Long Jump & High Jump

10.55 Long Jump      12.30 Hurdles      2.15 Shot      3.45 High Jump      5.30 ish 800 metres

### Under 15 Boys

10.40 Hurdles      11.10 Shot      12.45 Long Jump      2.00 High Jump      5.00 ish 800 metres

### Under 17 Women Pentathlon (with Heptathlon)

10.45 Hurdles      11.15 High Jump      1.30 Shot      3.15 Long Jump      5.30 ish 800 metres

### Under 17 and older Women Heptathlon

10.45 Hurdles      11.15 High Jump      1.15 Shot      2.15 200 metres,      3.15 Long Jump  
4.15 Javelin      5.30 ish 800 metres

### Half Decathlon U17 Men and older

10.30 100 metres      11.15 High Jump      1.30 Shot      2.15 Long Jump      3.30 400 metres

### Pentathlon U17 Men and older

10.30 Long Jump      11.45 Javelin      1.15 200 metres      2.15 Discus      3.15 1500 metres

### DS Active Group

1.45 Registration      2.15 60 metres      2.45 Standing Long Jump      3.15 Vortex      3.45 200 metres