



# Evening Open Meeting

Programme – Tuesday 30th April 2019  
(Held under UKA Competition Rules)



6.15	Long Jump - see note 6	U11, U13
6.15	60m Mini Hurdles	U11
6.25	70m Hurdles	U13G
6.30	Javelin – see note 6	U11 (Turbo), U13
6.35	600m	U11
6.45	75m Hurdles	U13B, U15G
6.50	100m	U13 & Above
7.00	Discus – see note 6	U13 & Above
7.00	High Jump – below 1.35m	U13 & Above
7.10	80m Hurdles - see note 5	U17W and U15B
7.15	Long Jump – see note 6	U15 & Above
7.20	75m	U11
7.30	Shot - see note 6	U13 & Above
7.30	200m	U13 & Above
7.45	High Jump – Opening Height 1.35m	U13 & Above
7.50	1500m	U13
8.00	<b>BMC</b> - 800m & 1500m - see note 7	U13 & Above (Graded)
	Triple Jump – see note 6	U15 & Above
	Javelin - see note 6	U15 & Above

## Notes

- 1. Entry fee: £5.00 – for all athletes. Maximum of 3 events.**
- 2. Registration:** Please email Name, DoB, Age Group and Club to [open@exeterharriers.org.uk](mailto:open@exeterharriers.org.uk) before 8pm, Sunday April 28<sup>th</sup> OR enter on the night between 5.30pm and 7.15pm.
- 3. Age groups:** Ages as on 31<sup>st</sup> August 2019
- 4. Open Events:** U11 & U13 events will take place in age groups. Track events will be graded where possible.
- 5. 80m Hurdles:** Please report to track referee by 6.45pm (Track Stand) or the race will not run.
- 6. Number of trials in Field Events:** U13 and Below – 3 trials, U15 & Above 4 trials
- 7. BMC races:** Entry in advance only - [www.britishmilersclub.com/enteronline](http://www.britishmilersclub.com/enteronline) - deadline on Friday April 26th 5pm. Entry fee £4.00 for non-BMC members – in addition to open entry fee.
- 8. Waterproof Numbers:** Kindly *Sponsored by MARKET CARPETS of Devon*. Numbers are allocated for the season - please re-use the numbers given for all the open meetings in 2019.
- 9. GDPR:** Non Exeter Harriers' club members will be required to sign a data processing consent to enable us to store and pass information to The Power of 10. If an athlete is U17 or below parental consent will be required.
- 10. Volunteers:** We welcome volunteers. Please let the Registration Desk know if you can help.
- 11. Photography:** This is a public event, therefore, it is not possible to prevent photographs of any particular individual from appearing in the media. If this is a problem for you, you are advised not to take part.