

# Devon Sportshall League

This is a fun indoor inter club competition for athletes in the **Under 11 to Under 15 age groups**. Minimum age on the day of the competition is 8 years old.

It is run on an adaptation of the standard outdoor events, using soft javelins and shot, standing long jump and triple jump, soft hurdles and running end to end in a Sportshall for the sprint events with a turning board at each end. At the end of each fixture there is a relay event which includes all sorts of fun activities for the younger age groups.

All standards of athletic ability are welcome and everyone will provide points for the club. There is also a good level of competition with an opportunity to represent the County in the Regional Championships (held in Torbay on 21<sup>st</sup> March 2020) and for the older age groups a possibility of reaching the national championships. Athletes must be club members to take part in this competition. Individual club t-shirts are provided for competing athletes.

## ***The fixtures are held at:***

### **Dawlish Leisure Centre**

and the

### **Plymouth Life Centre**

Dawlish Leisure Centre  
Sandy Lane  
Dawlish  
EX7 0AF  
Tel: 01626 - 215620

Plymouth Life Centre  
Mayflower Drive  
Plymouth  
PL2 3DG  
Tel: 01752 - 606900

## **Provisional Fixtures for 2019/20**

- October 20<sup>th</sup> 2019 – Dawlish
- November 17<sup>th</sup> 2019 – Dawlish (11.00am start - incorporating Devon County Championships)
- February 2<sup>nd</sup> 2020 – Plymouth
- February 23<sup>rd</sup> 2020 – Plymouth
- March 15<sup>th</sup> 2020 – Dawlish

**PLEASE NOTE:** It is not necessary to compete in all of the fixtures. You can compete on the dates where you are available.

Pre-registered Athletes should arrive 30 minutes before the start of the competition. Each fixture costs £3.00 payable on arrival (£3.50 for Club Champs to cover medal costs). This entry fee allows you to **enter up to 3 events** and a **relay** (subject to sufficient athletes in your age group being available).

To enter for the 2019/2020 season, please email: [sportshall@exeterharriers.org.uk](mailto:sportshall@exeterharriers.org.uk)

Including the following details: Name of athlete / DOB / Age (as at 31.8.19) / England Athletics Number (if known).

Also required is: Parent's name together with a contact email address and mobile phone number.