



Founded 1904

## Evening Open Meeting & South West Sapphire League Programme –Tuesday 25<sup>th</sup> July 2023 (Held under UKA Competition Rules)

This open meeting is also a fixture for the SOUTH WEST SAPPHIRE LEAGUE  
The events for the Sapphire League are marked below with (SL)

Details: [Sapphire League](#)

### Track

Time	Event	Age
6.15	60m Mini Hurdles	U11
6.25	70m Hurdles	U13G
6.35	600m	U11
6.45	75m Hurdles	U13B, U15G
6.55	100m (SL)	U13 & Above
7.15	80m Hurdles	U17W & U15B
7.20	75m	U11
7.30	800m	U13
7.40	200m (SL)	U13 & Above
8.00	<b>BMC</b> - 800m & 1500m	U15 & Above

Enter in advance: <https://www.britishmilersclub.com/meeting/exeter-25-july-2023/>  
Closing date: Thursday July 20<sup>th</sup>, 11pm.

### Field

**Number of trials in Field Events:** U13 & Below- 3 trials, U15 & Above – 4 trials  
**High Jump:** Maximum 7 attempts.

6.30	Long Jump	U11 & U13
6.30	Hammer (SL)	U13 & Above
6.45	High Jump – below 1.35m (SL)	U13 & Above
7.00	Pole Vault	U13 & Above
7.15	Long Jump (SL)	U15 & Above
7.20	Shot Putt	U13 & Above
7.30	High Jump – Opening Height 1.35m (SL)	U13 & Above
8.00	Javelin (SL)	U13 & Above

**Entry in advance only:** <https://exeterharriers.clubtrac.co.uk/e/exeter-open-competitions-9000> and click on **SPORT EVENTS**

### Notes

1. Closing date: **Midnight, Friday July 21st. MAXIMUM of three events.**
2. **Entry fee is £10** which is payable through the online entry form. (No BACS payments)
3. **BMC races:** entry in advance only - [www.britishmilersclub.com/enteronline](http://www.britishmilersclub.com/enteronline) - deadline on Thursday July 20th 11pm.
4. **Age groups:** Ages as on 31<sup>st</sup> August 2023
5. **Open Events:** U11 & U13 events will take place in age groups. Track events will be graded where possible.
6. **GDPR.** Details on Entry Form.
7. **Volunteers:** We welcome volunteers. Please email [open@exeterharriers.org.uk](mailto:open@exeterharriers.org.uk) if you can help.
8. **Photography:** This is a public event, therefore, it is not possible to prevent photographs of any particular individual from appearing in the media. If this is a problem for you, you are advised not to take part.

**Summer Lane, Exeter, Devon. EX4 8NT Telephone No. 01392 460960**  
**[www.exeterharriers.org.uk](http://www.exeterharriers.org.uk)**