

## Devon Sportshall League 2023/24

### Rules

1. All Clubs must register by the first fixture and have paid the appropriate fee.
2. All Clubs must register the bulk of their athletes with the league prior to the first fixture. Additions can be made on the day of competition but this must be kept to a minimum. All athletes will be given a unique number which will be used for the whole season, it is the responsibility of the team managers to ensure numbers are retained, replacements will not be issued.
3. All U13's and above must be registered with England Athletics as a competing athlete and that number advised to the league. Athletes will be allowed to compete in only one fixture without this EA number.
4. Minimum age for competing is 8 years on the day of the fixture. All age groups are calculated from the athlete's age on 31<sup>st</sup> August 2023.
5. Team managers are responsible for ensuring that athletes compete in their correct age group. Athletes can only take part in their correct age group (except relay\*).
6. Athletes can compete in up to 3 events plus a relay. Please note athletes can take part in only one relay (even non-scoring).
7. \*Team managers can include one athlete only in a relay for a higher age group if required.
8. The event is held under UKA Sportshall Association rules and guidelines. Athletes are usually given time penalties in the event of infringements (including relays). The decision of the Track and Field referees are final.
9. Team managers must ensure good behaviour of their athletes and parents at all times to ensure Health and Safety is maintained.
10. Track events take precedence over Field events. If there is a clash then an athlete should inform the officials and return to the field event when the track race is completed. Athletes will be allowed to complete their number of trials on a prompt return.

11. Shoes must be worn for all events.
12. Athletes are allowed 3 attempts in Standing Long jump, Triple jump, Vertical jump, Chest push and Soft Javelin. This can be reduced at Organisers discretion if time is short.
13. Speed bounce time periods are 20 seconds for U10 and U11 and 30 seconds for all other age groups.
14. Shot weights are as per UKA rules.
15. The High jump is limited run up competition (10 metre) and athletes are only allowed a maximum of 7 jumps.
16. In the event of equal times in a track event then race placing will be used if possible to decide on points awarded.
17. U17 Field events are non-scoring and held in conjunction with the U15 event for training purposes only.
18. Devon AA will appoint the Starter, Chief Timekeeper, Track Referee and Field Referee. Clubs must provide officials to assist. If there is a shortage of officials then events may be cancelled.
19. Individual points are awarded from 10 down to 1 for each event. The 2 highest placed athletes only from each club earn team points. The end of season awards are calculated from the best 4 scores. Note an athlete must have done an event at least twice in a season to qualify for an award.
20. Athletes who are members of a registered club must compete for that club rather than any second claim club. This can only be altered if both club and team agree. Any dispute will be adjudicated on by the Sportshall Co-ordinator.
21. Results will be published as soon as possible after the event but please do not chase them.
22. Spectators must stay outside of the competition area to ensure health and safety and allow the officials to run the event without interference.